GYM NETWORK 360 GIVES YOU ACCESS TO:

EXERCISE
- The GlobalFit Gym Network for membership discounts and flexible membership options at over 8,000 gyms, fitness centers, and studios nationwide for you and your family members
- Discounts on products like Zumba DVD programs

EATING
- Special GlobalFit member discounts on top-ranked healthy eating programs like Jenny Craig and Nutrisystem
- Custom product recommendations and 10% off vitamins, supplements, and other wellness products through Fitness Formulary

EDUCATION
- Motivational fitness and nutrition resources and tools like infographics, quick resource guides, and interviews from various wellness experts
- Announcements to let you know about new discounts, promotions, and new fitness facilities added in your area
- An interactive monthly digital magazine

* Plus professionally guided health coaching programs

FOLLOW THESE THREE EASY STEPS:

Step 1 – Visit your custom landing page to access your GlobalFit offerings.
globalfit.com/lasallealum

Step 2 – Use the links at the top left of the screen to activate and set up your account. Complete the form to create a username and password. If you’ve already set up your account, enter your username and password to login.

Step 3 – Use the top navigation bar to view products and services available to you.